

# COMMON GROUND

## Communication Workshops for Parents & Teens



Join us for our interactive and supportive communication course to learn and strengthen the following skills:

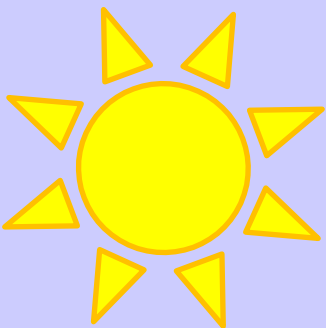
- Listen respectfully
- Communicate openly and honestly
- Set and respect limits
- Appreciate and honor differences

March 11, 18, and 25  
April 1, 8, 15, and 22

**5:30pm - 8:00pm**

**LOCATION:**

Nexus Youth & Family Services  
601 Court Street, Suite 200  
Jackson, CA



### In-person and Zoom classes available

For more information or to register, please call (209) 257-1980 x 101 or email referral to [tparker@nexusyfs.org](mailto:tparker@nexusyfs.org).

